

# Teacher Engagement Board Game

## 30 questions to explore with your colleagues

1. Would your school be a happier place if teachers were fully engaged?
2. Are you aware of your feelings and tuned to your students?
3. Do you recognise your own emotions during the school day?
4. Have you techniques to manage your experience of your emotions?
5. Do you know when you are in sync with your students?
6. Old dogs can learn new tricks. What have you learned this week?
7. Do you have a comfort zone when you are being mindful in class?
8. Does your principal express gratitude to you with warmth and sincerity?
9. Is your school environment full of hope and encouragement?
10. In what ways do you and your colleagues celebrate your success?
11. Have you said thank you to a colleague recently?
12. How happy are you at school? – 1 being low – 10 being high
13. How do you build resilience in the face of negative stress?
14. How strong is your sense of teaching confidence?
15. Which of your colleagues are you closest to personally?
16. Have you set boundaries to protect yourself from invasion by others?
17. Do you feel guilty when you say no to a colleague's request?
18. What needs your attention at school this week?
19. Do you talk about your feelings or bottle them up?
20. Share a story of one of your successes with a colleague.
21. Do you believe that how you engage with others makes a positive difference?
22. When did you last ask a colleague for help and why?
23. Do you take a positive and active approach to your wellbeing?
24. What are two of your strengths as a person?
25. Which of your colleagues might you mentor?
26. Are you giving yourself the respect you deserve?
27. Do you have a hard time standing up for yourself?
28. Are you willing to give support as well as to receive it?
29. What is your experience of being appreciated at school?
30. What aspect of education are you passionate about?

**Funderstanding**