

# SCHOOL MATTERS SAMPLER



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# USING CRITICAL REFLECTION EXERCISES TO ENHANCE LEARNING

Reflective practice is an inquiry-oriented process during which a teacher engages in a cycle of thought and subsequent action on professional experience.



The teacher self-reflection process can begin with a series of global questions:

- Which current practices can I abandon to make room for new patterns in my work?
- What can I do to help students learn more in the limited amount of time we have together?

# Life Exploration Cards

These cards help you explore the emotional landscape of your teaching life. They assist you to explore the psychological and life adjustments you make as you move through your career.

## Choose your cards

**Choose from** the series of cards the qualities/concepts you really find suit you. Put these in front of you.

# **Work on a challenge/task**

Before you start your challenge/  
task, think about which of your core  
qualities will help you to enjoy the  
challenge/ task more and perform it  
better.

# PRINCIPAL MATTERS

## Principal Matters



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Self-evaluation should be a useful process that is rigorous and enables you to be critically reflective about yourself as a professional and your practice.

## Principal Matters



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- What small changes in practice might I be able to make?

## Principal Matters



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- How do I interact with different individuals/groups?

## Principal Matters



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- Do I demonstrate openness, honesty, courage and wisdom?

## Principal Matters



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- How open am I to questioning and changing my practices and thinking about my assumptions?

## Principal Matters



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- If there is one area I would like to explore in terms of my own beliefs and assumptions what would it be?

**STUDENT  
MATTERS**

## ENGAGEMENT & WELLBEING

**Teaching a boy new behaviours  
is the avenue for building and  
sustaining self-confidence.**



## ENGAGEMENT & WELLBEING

**Self-confidence instilled  
by parents and teachers  
is important to girls.**



## STUDENT MATTERS

Why is it important for students in a school to have positive relationships with each other?



## STUDENT MATTERS

What are some things  
you did really well on  
this assignment?



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## STUDENT MATTERS

How can you take what  
you have learned and  
apply it to your own life?



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## STUDENT MATTERS

What is something that was hard for you at the start of the year, but is easy now?



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# TEACHER CONVERSATIONS

## Teacher Conversations & Reflection

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Everyone in the workplace should be able to work in an environment which is free from discrimination and harassment.

## Teacher Conversations & Reflection

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Help pupils to understand different views, perspectives, and experiences and develop positive relationships.

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## Teacher Conversations & Reflection

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Engaging with all aspects of professional practice and working collegiately.

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## Teacher Conversations & Reflection

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In what areas can  
I still improve professionally?

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## Teacher Conversations & Reflection

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What new ideas have I tried in my classroom lately to keep myself energized about teaching?

## Teacher Conversations & Reflection

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What's special and unique about my teaching?

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**MY  
TEACHING  
VOICE**



# A Guide to Empowering Your Voice

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For teachers to be effective they need healthy voices that can meet the demands of the classroom on a daily basis.

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**Learn to treat your voice as a sophisticated control panel.**

Volume, tone, balance, and loudness are all important elements of your vocal delivery.

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Teachers talk all day, so it rarely occurs to us that we need to practice talking. But when teaching, we speak differently. We use a different voice and if we don't practice, we won't use it well.



When students listen to our voice they hear our feelings as well as our words. They can measure the depth of our conviction and belief in what we are saying.

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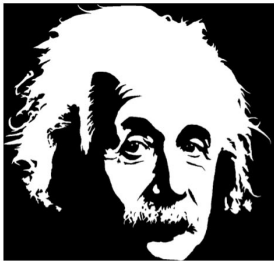


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When we speak loudly we are telling them what we think; when we speak quietly we are sharing what we think. Clearly, this creates a different relationship with the audience and one we must consciously manage.

# TRAINER GUIDELINES

## TRAINER GUIDELINES



**We all have incredible assets  
to bring to the training experience**

TRAINER GUIDELINES



**Participants learn best when...**

**They feel valued and respected for the  
experiences and perspectives they  
bring to the training situation**

## TRAINER GUIDELINES



**Learning should be fun!**

## TRAINER GUIDELINES



**Ensure that the entire course content is covered.**

## TRAINER GUIDELINES



**Focus on developing skills, not just knowledge.**

TRAINER GUIDELINES



**Engagement is joined at the hip with empowerment.**

# SCHOOL MATTERS

CONTAINS OVER 500 REFLECTION  
CARDS AS WELL AS GUIDELINES ON  
THEIR USE.

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THE HOME OF SCHOOL  
MATTERS AND OTHER  
REFLECTION CARDS FOR  
AUSTRALIAN SCHOOLS